

# Lake Havasu CosMedics

*is an aesthetic medical practice  
specializing in treatments  
that get measureable results  
with little or no downtime  
for our patients.*

**Dr. Jeffrey Carls** is our Medical Director. He has over 30 years of medical experience in Lake Havasu City Arizona. His undergraduate degree is from the University of Washington, and his medical residency was performed at Scottsdale Memorial Hospital. His aesthetics training, including advanced injectable treatments and sclerotherapy was at the National Laser Institute in Scottsdale, Arizona and at Aesthetics Conferences in Las Vegas, Nevada.

**Christie Viands** is our Certified Aesthetics consultant. She earned her Bachelor's degree from Sam Houston State University in Huntsville, Texas. Her Laser Technician training was at the National Laser Institute in Scottsdale, Arizona. She earned her Certified Aesthetics Consultant designation as well as her Medical Aesthetic Degree at Aesthetics Conferences in Las Vegas, Nevada.



## Lake Havasu CosMedics

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# Lake Havasu CosMedics



A CENTER FOR  
SKINCARE  
EXCELLENCE

## SERVICES OFFERED:

**Initial Consultations are free** with our Doctor or Aesthetics Consultant.

**Advanced skin imaging**, with our Canfield imaging system is the primary tool used for initial intake, diagnosis and assessment. We provide this service to all of our patients at no charge.

**Aesthetic injections** for wrinkles and volume loss. Botox is used primarily to relax dynamic wrinkles primarily on the forehead, between the eyebrows and crow's feet. Volume loss is addressed with filler. Filler is used primarily to address the natural fat loss in our faces as we age but is also used to fill deep scars in some cases. Since every case is different, Dr. Carls welcomes the opportunity to consult with you at no cost.

**Sclerotherapy** is offered for spider vein treatment.

**Chemical Peels** are offered for antiaging and UV damage reversal. It improves the skin's texture and decreases fine lines and wrinkles. It also helps with uneven skin pigmentation and scars. All chemical peels are performed by Dr. Carls.

**Z-Wave** sonic wave with radial pulse is offered to reduce cellulite, as well as pain management.

**Microdermabrasion** is performed at different depths, depending on the client's wishes and our agreement after consultation. It removes the outermost skin layer, resulting in smoother skin, a more radiant appearance and stimulates collagen and all things good for your skin. It also prepares the skin to accept recommended topical treatments with greater efficacy. There is no down time with this procedure.

**Serum induction therapy** is offered for those who need to address issues such as **skin rejuvenation, uneven skin pigmentation, acne, or hydration**. Medical grade active ingredients are introduced into the dermal layer including peptides, skin lighteners, hyaluronic acid, moisturizers, and if needed, a clarifying complex. This procedure works well with an initial treatment of microdermabrasion to prepare the skin and obtain optimal results.

**Latisse** is offered to help eyelashes grow longer, thicker and darker.

**Platelet Rich Plasma Therapy** is offered for facial and décolleté rejuvenation, as well as for hair growth for those with thinning hair.

**Firma Radiofrequency** is used to tighten loose skin on the neck, face, around eyes and mouth, as well as abdomen, arms and hips.

**Collagen Induction Therapy with optional Growth Factor Treatments** is a comfortable and quick procedure to improve your skin texture, smooth wrinkles, fine lines, decrease pore size and soften acne and chicken pox scars (over 6 months old). It also promotes the natural production of collagen and elastin, making the skin feel smoother and tighter. It is suitable for all skin types and all areas of the face, neck, décolletage and hands. This is performed with a surgical grade instrument with stainless steel micro needles ranging from 0.25mm to 1.5mm in length. Scaring is treated up to 2mm deep. **Growth factors** can be applied during your treatment and purchased to use after your treatment.

We are available for **speaking engagements** for your group or organization.

We also offer **Free Educational Lectures** for your group or event, call for more information.